# Coaching Conference 2012

## September 15th & 16th

Dear Coaches, Instructors and Parents,

UKSS would like to invite you to the coaching conference 2012 which will be held at Chill Factor$^{e}$ for the third year running. Snowsport England will be hosting presentations and practical workshops from various different snowsport areas and disciplines throughout the weekend.

15th September

Key note speaker John Mills from British Cycling
Freestyle and Ski cross presentations
BSS Performance Director Paddy Mortimer
Strength and Conditioning
UKSS Instructor refresher sessions
Coaching forum hosted by Robin Kellen
Awards and presentation Dinner at Manchester United

16th September

On and off hill practical workshops
Safeguarding and protecting children
Telemark sessions
Freestyle workshop
Race coach education
UKSS Instructor refresher
Strength and Conditioning workshop

We hope you can attend the weekend as this is a great opportunity for all disciplines, coaches, instructors and parents to get together to discuss and be educated with new and exciting developments throughout the UKSS structures.

Mike Barker
Event Organiser on behalf of Snowsport England and UKSS
Email: mike@rawsnowsports.com mob:07900 922334
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## John Mills – British Cycling

John graduated from Staffordshire University in 1993 with a BA (Hons) degree in Sport and Recreation Studies and has since completed a Post Graduate Diploma in Sport, Health and Exercise Science.

Prior to joining British Cycling he held a variety of coaching, sports development and teaching posts, including Head of Recreation at the University of Newcastle upon Tyne, Senior Lecturer at the University of Sunderland and in a voluntary capacity, Head of Coach Education for British Triathlon.

He joined British Cycling in 1999 as Coaching and Education Director, before taking on added responsibility for the Go-Ride Development programme in 2003. Since this time his responsibilities have grown in line with British Cycling's continued development with the addition of Cycle Training, Recreation Education and more recently Participant Education.

In his current role John is responsible for the strategic development and delivery of British Cycling's Coaching, Education and Development programmes, which currently employ over 80 full time staff. John is also Project Director for the International Coach Education Programme being run by the International Federation (Union Cycliste Internationale), a programme that is based on British Cycling's successful United Kingdom Coaching Certificate programme.

Presentation Titles:

1. The transformation of British Cycling into a leading national governing body
2. The development of a world-leading coach education programme and the implications for coaches and riders

## Paddy Mortimer BSS

**British Ski and Snowboard are delighted to announce that Mr Paddy Mortimer has joined them in the role of Performance Director.**

Paddy brings with him over twenty years of experience in the high performance sport's industry and has been with several top sport organisations and technology companies, such as Chelsea FC, West Bromwich Albion FC, Leicester Tigers, UK athletics, England Rugby League and a host of institute sports.

Paddy will be responsible for mapping out the continuation of our International and National performance development, assisting, where appropriate, the acquisition of high performance support across all British FIS and Olympic disciplines. For some disciplines this will consist of advising and assisting the existing well established and well run voluntary or semi-professional units. For others this will involve reviewing current best practice to identify the required processes and services for BSS to regain our position as a leading winter sport.

This is a provisional programme SSE have the right to change it at any point.

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**Confirmation Deadline 6th September 2012**
Return this form and payment to; Snowsport England
Coaching conference, 3 Oakwood Drive, Loughborough LE11 3QF
The office will confirm receipt by mail or e-mail.
E mail; mike@rawsnowsports.com or Julia@snowsportengland.org.uk
Tel 01509 232323 Mobile 07900 922334

ONLY ONE DELEGATE PER BOOKING FORM

| | |
|---|---|
| **Delegates Name**<br>Conference fee per candidate £120<br><br>Non Home nations members will incur a £10 surcharge @ £130 | Awards dinner included for each Delegate please complete menu choices |
| Awards dinner to be held at Theatre of Dreams (MUFC)<br>£35 per non delegate<br>**15th September 2012** | Number of dinner places to be booked for 15th September<br>One Two Three Four<br>NON DELEGATES BOOKING ONLY<br>Please indicate if you required more places |
| Cancellation fees will be 75% of the original booking<br>Excluding awards dinner tickets which will be 100% of the original booking fee | |
| **Total amount to be charged** | **Total £** |

I have read and understood the outline programme. I will ensure that the delegate has appropriate training, ski and travel insurance for this event, I agree to taking part in this training event. I understand that if I cancel the above booking I will still be liable for any irrecoverable cost incurred by Snowsport England.

Recommended Accommodation can be booked direct with Premier Inn at the Trafford Centre, only 5 minutes from the Chill Factore ski centre.

**Full payment to accompany your booking form by 6th September 2012**

| | |
|---|---|
| Candidate Name | |
| Signed | Date |
| Name | Club/Organisation |
| Address for acknowledgement | |
| E mail | |

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Name.....

Address.....

.....Postcode.....

Tel No (day)..... Email.....

I am currently registered with (please circle)

SNOWSPORT ENGLAND SNOWSPORT SCOTLAND SNOWSPORT WALES BASI

As.....Registration number.....

- ☐ I enclose a cheque made payable to "Snowsport England"
- ☐ Please debit my MasterCard/Visa/Switch/Solo Card (delete as appropriate)

Name.....(exactly as on card)

Card number.....

Issue No..... (where present; Solo/Switch only) Valid date.....Expiry date.....

Security No..... (Last three digits on the back of the card) Address of card holder if different from above address:

.....

If you do not wish to send your credit card details through the post you may phone head office to provide your details.
Please return this form together with your total value cheque (if applicable) to: SSE Coaching Conference, 3 Oakwood Drive, Loughborough LE11 3QF . As soon as possible, **deadline for all applicants 6th September 2012**

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| | | | |
|---|---|---|---|
| 09:00am - 9:30am | Registration | | |
| 9:30am - 09:45am | Conference opens | **Opening remarks and welcome from SSE Chair and CEO** | |
| 09:45am -11:15am | | **Key Note speaker John Mills - The transformation of British Cycling into a leading national governing body** | |
| 11:15am - 11:40am | | Break - tea and coffee | |
| 11:40am - 1:00pm | | Ski Cross / Snowboard TBC | Strength & Conditioning Neil Welch |
| 1:00pm - 2:00pm | | **Lunch Break** | |
| 2:00pm - 3:30pm | | Pat Sharples - Slope style | John Mills - The development of a world-leading coach education programme and the implications for coaches and riders |
| 3:45pm - 5:15pm | | Paddy Mortimer BSS Performance Director | Colin Martin Soluitons4Feet |
| 5:15pm - 5:30pm | | Break | |
| 5:30pm - 6:30pm | | Instructor Refresher Theory | Coach Forum - Host Robin Kellen |
| **8 : 0 0 p m** | | **Awards Dinner** - Theatre of Dreams, Manchester United FC (With LIVE Music) | |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 8:00 am - 9.00 am | 8:15am 11.15am Safeguarding and Protecting Children | Registration and Ski Test open | | | | | 8:15am 11.00am Instructor L1 and L2 Refresher | |
| 9:00 am - 10:30 am | | **Race Coaching Education L3/L4** | Solutions 4feet Off snow | Ski Cross/ Snow board TBC | Freestyle Pat Sharples | **S&C Neil (off snow)** | | **Telemark** Beginner Session Andy Stewart |
| 10:30 am - 11:00 am | | **Break** | | | | | | |
| 11:15 am - 12:45 pm | | **Race Coaching Education L3/L4** | Solutions 4feet Off snow | Ski Cross Snow Board TBC | Freestyle Pat Sharples | **S&C Neil (off snow)** | **Personal Performance L1/L2** | **Telemark** Beginner Session Andy Stewart |
| 12:45pm -1:30pm | | **Lunch Break** - lunch provided | | | | | | |
| 1:30pm - 3:00pm | | **Race Coaching Education L3/L4** | Solutions 4feet Off snow | Ski Cross Snow Board TBC | Freestyle Pat Sharples | **S&C Neil (off snow)** | **Personal Performance L1/L2** | **Telemark** For those who have tried before! |
| 3:15 pm - 4.15 pm | | | | | | | | |

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Please note sessions will be on a first come first served basis.
We are maximising 12 people per group per snow based session (Day two)

Name:.....

Telephone:.....

Email:.....

**Sat 15th Sept**: *please circle desired choice:*

**Session one: Ski Cross/Snowboard TBC or Strength Conditioning**

**Session two: Pat Sharples Slope Style or John Mills (British Cycling)**

**Session three: Paddy Mortimer BSS or Colin Martin Solutions4feet**

**Sun 16th Sept:** *please list desired choices, with preferred option first:*

Session one:

- 
- 
- 

Session two:

- 
- 
- 

Session three:

- 
- 
- 

**I would like to do the Safeguard Course: YES ☐ NO ☐**

*(Please note you will miss the first practical session on the second day to participate in the Safeguarding Course.)*

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Dinner Menu at the Theatre of Dreams for the UKSS awards presentation evening

*Starter*

Chicken liver and foie gras parfait with toasted brioche, soft leaf salad and truffle oil

Creamy leek and potato soup with a blue cheese croute (V)

*Main*

Crispy skin loin of cod twice cooked chips, pea puree and tartar sauce, lemon wedge

Seared teriyaki duck breast with hot noodle salad and Indonesian soy sauce

Sweet pepper and sun blush tomato risotto with courgette crisps and herb oil (V)

*Dessert*

Raspberry and white chocolate panna cotta with berry compote, crisp butter biscuit

Sticky toffee pudding with vanilla and butterscotch sauce

Please indicate which menu choices you would like

| Starter | Please tick | Main | Please tick | Desert | Please Tick |
|---|---|---|---|---|---|
| CHICKEN | | COD | | RASPBERRY | |
| SOUP | | DUCK | | TOFFEE | |
| | | RISOTTO | | | |

All drinks are to be purchased separately from the menu

Live music acoustic music will be played throughout dinner

Please only provide one menu confirmation per booking, a separate menu confirmation will need to be completed for non delegates attending dinner.

| Diner's Name |
|---|
| |

Anyone wishing to bring partners or non conference delegates please complete a separate menu form and attach the appropriate amount in a separate payment.

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## Check list

- ☐ Delegate booking form
- ☐ Workshop booking form
- ☐ Awards Dinner booking & Menu choices
- ☐ Signed and dated booking forms
- ☐ Voted for coaching awards 2012

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# Coaching Awards 2012

The following categories will be presented at the annual awards dinner which is to be held at Old Trafford on the 15th September 2011.

Past recipients from 2011

- Participation Coach of the year (Malcolm Erskine)
- Lifetime achievement Award (John Sheddon)
- Junior Performance Coach of the year (Pat Sharples)
- Children's Coach of the year (Lynn Sharp)

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Voting and nomination form for 2012

Nominations can be for anyone involved in coaching across all the Snowsport disciplines. If you feel they deserve some public recognition please vote.

| | |
|---|---|
| Participation Coach of the year | |
| Lifetime achievement Award | |
| Junior Performance Coach of the year | |
| Children's Coach of the year | |

All nominations will be anonymous and only one form will be accepted per booking

Thank you for nominating 1-4 of your fellow coaches and hope you will be able to attend the presentation dinner on the evening of the 15th September.

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