

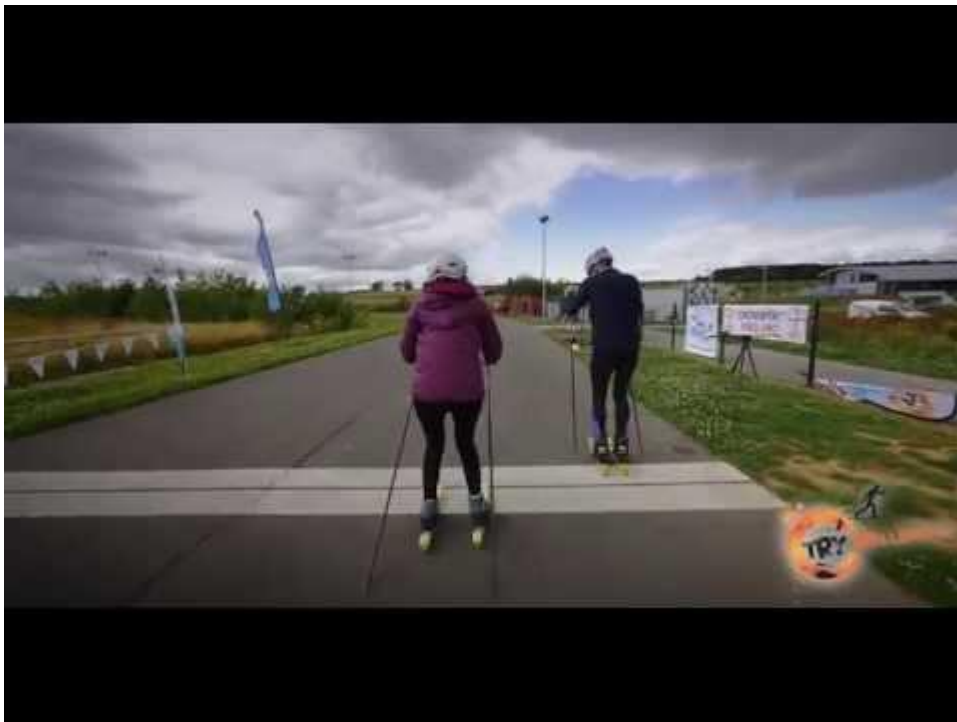
SNOWSPORT ENGLAND

Roller Skiing

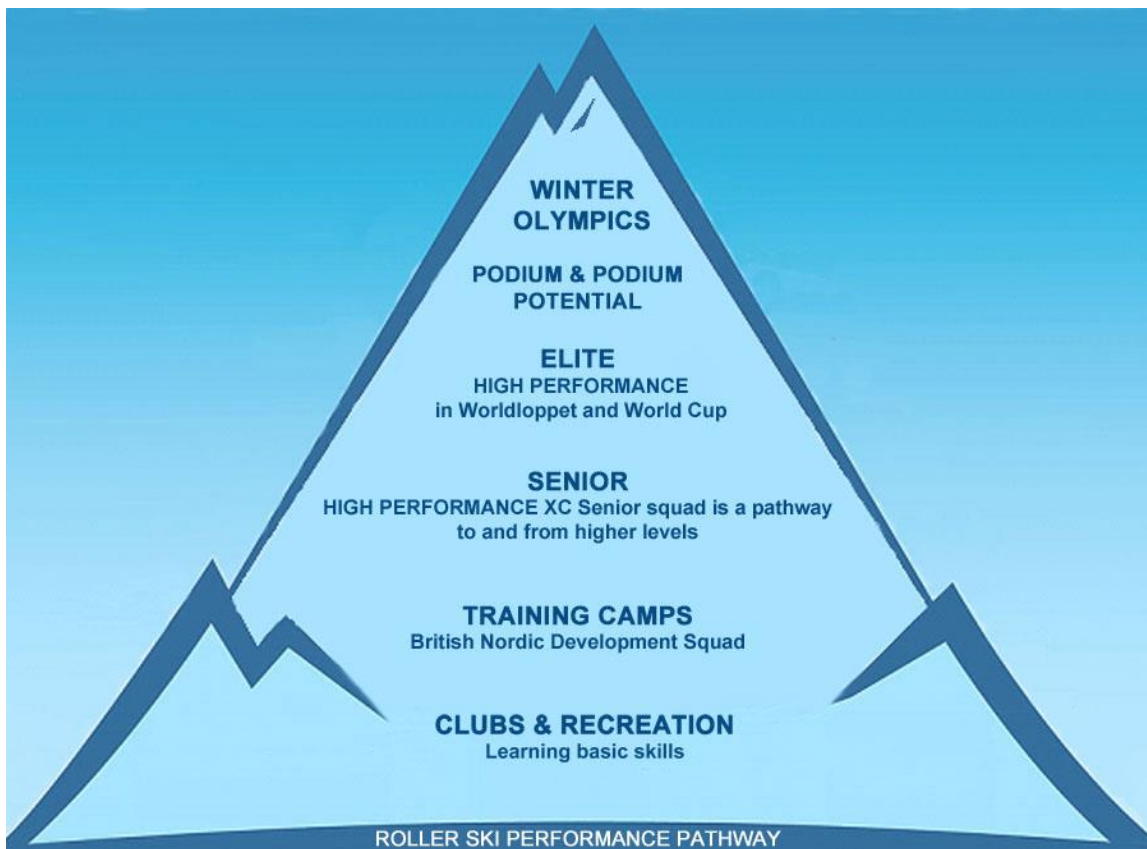
Talent Pathway



Roller Skiing was originally developed as a way for Cross-Country skiers to train during the summer. It's now considered a sport in its own right, with races held internationally and in the UK.



Roller Skiing is seen as an important part of the development pathway for aspiring Cross-Country skiers in the UK, as seen in the pathway below.



Many Snowsport England clubs offer introductory sessions and Snowsport England also run 3 coaching weekends throughout the summer, which welcome beginners.



Athletes can then progress on to the [British Nordic Development Squad](#) and will continue to use Roller Skiing as a training tool alongside Cross-Country Skiing.



In the UK there is a thriving Roller Ski series (<http://www.gb-raceroll.org.uk>) held across the country each summer.



The races take place at numerous venues around the country hosted by several Snowsport England clubs.



Prizes are awarded in age categories at each race as well as the overall series winner.

(All Photos - Mary Wray)