

## Freestyle Key Committee

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Please reply to;

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- A. Those present: Martin Carr, Ian Findlay, Ian Danby, Ania Wasielewska, Jeff Blackburn
  - B. Standing Orders: Declaration of interests, Struck off directors, Safeguarding
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- 1. UK Comps – Given the current uncertainty there is no point trying to make arrangements for these events in 2021. However, we do have a standard plan that we can activate as things change.
  - 2. Budgets 2021 – SSE board are asking for these to be done. The current plan is to use the ones from last year with percentage variations. Clearly the outcome could be almost anything, but that will depend on what happens with the pandemic.
  - 3. Courses – There are a few coaching courses on the SSE Web Site that you can book on. The current limit of 6 people makes these just about workable. How many book on them remains to be seen.
  - 4. Training Camps – While the possibility of quarantine remains there is a 0% chance that any of these will happen. A few of the Futures events have run recently but with limited numbers. While in the short term this is ok, long term this is just not viable with the numbers and cost. It maybe possible to do some snow training in Scotland on a no accommodation basis (ie we just provide coaching on the mountain, with parents arranging the rest).
  - 5. Inverts – A while ago we were asked the question about this. While the question has now been answered it will be recorded below for the record.

In order for a facility to be used in a **managed** manner for inverted manoeuvres the following should be taken into consideration;

- 1. It should be developed in reduced risk environment and taught by someone with expertise in that area (gymnastics coach or trampoline coach)
- 2. What is the actual jump and landing like. Is it actually suitable for what is being done. What other hazards are present eg where would an athlete land in **the** case of a missed jump, is there sufficient outrun. While FIS give measurements for snow jumps there are no such details for other facilities as the parameters change all the time (rain, temperature etc all affect performance). One way would be to ask athletes who have performed such jumps many times elsewhere their thoughts.
- 3. Athletes – What are your entry requirements. As a general rule it would not be wise just to try a flip without having any experience of what it feels like to be inverted. There are other ways athletes can gain special awareness eg trampoline, diving etc

4. What are you offering – if it is just supervision or is it coaching.
- If supervision then it must be made clear the person doing it is just facilitating the use of the jump without any tuition to athletes **must already be** competent using it. **Consider how the athlete will be able to prove their competence *before* they attempt the manoeuvre**
  - If it is coaching then investigate what experience and/or qualifications the coach has. Remember the most important thing qualifications are but just one way to show competence and even then qualifications alone may not be sufficient without relevant experience

You should incorporate the above into your risk assessment of your facilities to provide a method statement of how you operate.