



OPERATIONS GUIDANCE FOR SNOWSPORT IN ENGLAND

COVID-19 Phased return to Snowsport Activity
Spring 2021

Version 1 – created 22nd March 2021

SNOWSPORT
ENGLAND

OPERATIONS GUIDANCE FOR THE RETURN TO SNOWSPORT TRAINING

Introduction

This operational guidance has been created to ensure that a safe return to all types of snowsport can take place. It covers the following sections:

1. [Your Health](#)
2. [Snowsport Participants](#)
3. [Coaches and Instructors](#)
4. [Affiliated Clubs](#)
5. [Snowsport Facilities](#)
6. [Snowsport Competition](#)
7. [Appendix \(Specific Session Information, Risk Assessments, Members with a positive Covid test\)](#)
8. Disclaimer

Snowsport England's guidance is an interpretation of the Government guidance made relevant to the snowsport. Updates will be provided through the Snowsport England website and social media channels.

Please note: Government guidance supersedes all advice given by Snowsport England. It must be always followed. We recommend that you always stay up to date with the latest Government guidance and any subsequently guidance Snowsport England produce.

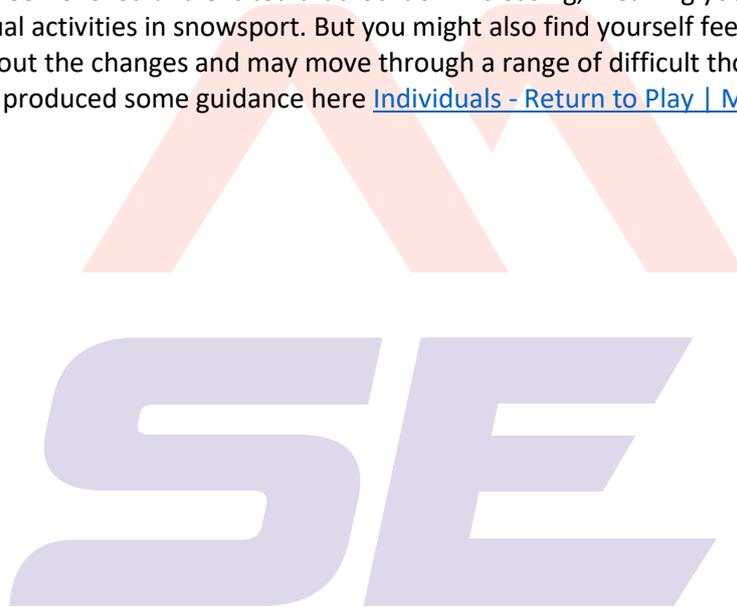
The safety and wellbeing of all participants, coaches/instructors, and the wider community is at the heart of any guidance that Snowsport England is distributing. It is important to say that any return to activity must take account of local conditions and any risk assessment for normal activities should be undertaken as well as ensuring that all government guidance around COVID-19 is considered.

It is the responsibility of each participant, coach/instructor, club, and facility to make that assessment based on their local environment. Risk assessment must consider mitigations and plans for when activities do not go as expected. Planning scenarios around, for example, an injury occurring to a participant and the need to support that participant while social distancing should be undertaken (see section 7a).

Section 1: Your Health

It is of paramount importance that all those operating within Snowsport Environments – including club personnel, coaches/instructors and officials and participants – monitor themselves for any signs of Coronavirus, as well as general health.

- Please follow advice from the NHS and/or medical practitioner in all cases.
- Snowsport participants in the higher risk groups should follow any medical guidance they have been given about ensuring good health and welfare. If they have further concerns, please consult with your medical or national organisations for support and best practice.
- For those who are showing symptoms please see the NHS website [Symptoms of coronavirus \(COVID-19\) - NHS \(www.nhs.uk\)](#) (see flowchart in appendix 7c)
- For those returning to activity after a Covid infection please see 'Your Covid Recovery' <https://www.yourcovidrecovery.nhs.uk>
- You might feel relieved and excited that lockdown is easing, meaning you can return to some of your usual activities in snowsport. But you might also find yourself feeling less positive or anxious about the changes and may move through a range of difficult thoughts and feelings. Mind have produced some guidance here [Individuals - Return to Play | Mind](#)



Section 2: Snowsport Participants

Checklist for return to snowsport activity

- Check and follow the latest Governance Guidance.
- Check with your club, coach/instructor or facility on their policy.
- Follow the facility guidance.
- Follow session specific guidance (see appendix 6b).
- Follow public health guidance.
- Carry hand sanitiser with you.
- Maintain social distancing (appropriate to the activity).
- Take part if fit and healthy to do so.
- Let your club, or coach/instructor know if you are returning to activity from a COVID-19 infection.
- Ensure you have enough food and hydration for the session.
- No socialising before and after the session.
- Do not take part if showing symptoms or should be isolating.

Disability Snowsport

Disabled participants requiring support are permitted to bring one carer with them to training provided this person is part of their normal 'family/household' unit. This could include participants with an intellectual impairment, participants needing support kitting up, changing etc. Coaches should maintain social distancing guidance.

- Be aware that accessible toilets may not be open.
- Ensure hygiene guidance is followed for any equipment that is used.
- Our friends at British Blind Sport are currently working on some resources to support visually impaired people to stay physically active at home. Visit britishblindsport.org.uk

Section 3: Coaches & Instructors

Checklist for Coaches and Leaders

KEEPING UP TO DATE

- Check the latest government guidance, especially concerning social distancing, hygiene and any guidance specific to snowsport.
- Check the latest Snowsport England guidance on our website.
- Check with your club on their policy for club activity.
- Check with facility provider guidance.
- Check the session specific guidance (See appendix 6b)

BEFORE THE SESSION

- Check in with your participants on their physical and mental health so you can support them to return to activity safely.
- Follow appropriate hygiene measures, including washing your hands.
- Ensure prior arrangements are made so that government advice (for example, on social distancing) can be followed at the facility.
- Carry out a risk assessment.
- Ensure there is sufficient food and hydration.
- Be aware that changing facilities and toilets may not be open.

DURING THE SESSION

- Ensure you build time in between sessions to enable social distancing and adequate cleaning to take place.
- In off-slope environments, carefully consider any associated risks. Same for roller ski tours.
- Adapt training to minimise the risk of social distancing measures being compromised – including with members of the public.
- Do not coach sessions of multiple groups across different areas of a facility or public space. One group at a time.
- Keep a register of participants to facilitate possible track and trace requests.
- Do not congregate before or after training.
- Ensure all hygiene guidance on use of equipment and facilities is followed.
- Be aware when coaching that some participants may find it difficult to get back into the sport; have patience with them and have realistic expectations, and give them time to adapt

FURTHER CONSIDERATIONS

Coaching License All coaches/instructors to have a valid License and a deliver activity permitted within the remit and range of operation of the award they hold.

Coaching young participants (under 18s)

Young participants should be coached/led in groups of no more than 15 (not including the coach). More information can be found on the [Department for Education's website](#).

Section 4: Affiliated Clubs

We strongly recommend that affiliated clubs operate within a COVID Secure Environment to enable club activity to take place safely. A Covid-secure environment can be any environment. It could be an outdoor slope, indoor slope, or an open space, such as a park, or road for roller ski activity.

The key requirements for a Covid Secure Environment:

1. Ensure a Covid-19 Coordinator is in place.
2. Ensure the venue/environment has a Covid action plan and risk assessment*
3. Ensure each activity complies with government guidance around social distancing before, during and after the activity.
4. All clubs, coaches and providers must have a process in place for capturing details of all members/ participants who take part in every club session to facilitate possible track and trace requests.
5. Clubs, coaches and event organisers must ensure that adequate hygiene provisions are in place so that everyone at the session maintains good hygiene.
6. Sessions that include children and young people under the age of 18 should be meticulously planned to ensure their needs are catered for. This may mean having smaller group sizes to help manage things like social distancing etc

*An action plan is a document that outlines the process you are following to make your venue and activity Covid-secure and would detail information such as the Covid-19 Co-ordinator/team, risk assessments, tracking protocol and communication plans with all members and participants.

Please note, for a club's insurance to be valid, the clubs need to be affiliated to Snowsport England.

COVID-19 Club Coordinator

Clubs should appoint a designated Covid-19 Co-ordinator / team (preferably with experience in health and safety in a professional or volunteer setting) whose responsibilities are to work with the club committee to co-ordinate the duties in this checklist.

COVID-19 Coordinator: Role & Responsibilities

- Liaise with the facility manager/landowner in relation to all matters concerning Covid-19.
- Produce site-based risk assessments to ensure that the club is compliant with the latest Government guidelines.
- Ensure all necessary levels of risk mitigation are in place prior to training.
- Ensure the club is prepared and has planned for circumstances of injuries or incidents occurring, with mitigating procedures and plans in place to resolve them while maintaining compliance with relevant government guidance (e.g. social distancing measures).
- Ensure volunteers, coaches/instructors, participants and parents/guardians are adhering to the guidance.
- Ensure the club complies with the facility restrictions and guidance.
- Ensure the club has a process in place for capturing details of all members/participants who take part in every club session to facilitate possible track and trace requests.

The Covid-19 Co-ordinator role is not expected to take full responsibility for all health and safety, or risk assessment protocols implemented by the club. It is the responsibility of the club committee and key officers/volunteers to ensure protocols are implemented and reviewed across the club with the Covid-19 Co-ordinator acting as the key point of contact for related matters.

Covid Action Plan

Club COVID-19 risk assessments and actions plans will be dependent upon each individual club situation and local facility set up. In your action plan you will need reference procedures that show your members how the club plan to manage the number of training groups and number of athletes or participants. You will need to consider the following.

- Booking systems (if implemented)
- Site access, toilets and first aid when determining overall training session capacity.
- Arrival and departure of club members to avoid large groups congregating.
- Parent or carer pick up and drops off points taking into account parking and entrances/exits
- Sign in on arrival to ensure the requirement of track and trace is adhered to.
- Details of specific procedures relating to the use of equipment and facilities and appropriate hygiene guidance based on the COVID risk assessment. (See section 7)
- Zoning certain training areas to ensure distinct groups can operate together within the guidelines.
- Any local guidance/considerations prior to travel/training is communicated to members
- Time between sessions to enable social distancing and adequate cleaning to take place.
- Spectating space is clearly marked, for parents or carers who need to stay at a training session for safeguarding reasons.
- Clear signage in place at club training sessions to help enforce social distancing, cleaning and hygiene measures.
- Coaches/instructors are not working with multiple groups across different areas of a facility at the same time.

PLEASE NOTE: Snowsport England is not imposing a limit to the number of participants that can be at a facility at any given time as part of a club training session due to the diverse nature of training facilities and will depend on the factors above and the facilities own risk assessment.

Welcoming members back to your club

Good communication is key to supporting members back to activity. Whilst some members will be excited and full of enthusiasm others may feel anxious and unsure about returning. Reassuring members and letting them know what is happening will be important in welcoming your members back.

5 Key messages to consider:

| | |
|---|---|
| What is happening within your club | <ul style="list-style-type: none">• Share communications about details like upcoming training sessions, including virtual ones, planning for competition and social events• This may also include volunteering opportunities |
| How will club members be kept safe | <ul style="list-style-type: none">• Promote any procedures and practises you have introduced to keep please safe. You might want to share your risk assessment and action plans.• Ensure the Club welfare officers are contactable during training sessions. |
| Latest Guidance | <ul style="list-style-type: none">• Share any new advice from Snowsport England, Sport England or direct from the UK Government and provide details how your club will follow them |
| How the rules will be enforced | <ul style="list-style-type: none">• Make people aware of how new rules will be enforced including how you will hold people to account if they break them. |
| Why your club is still worth attending | <ul style="list-style-type: none">• Remind people why they love snowsport and your club by sharing quotes from individuals and images of fun sessions or events |

Examples

The following examples show the kind of messages you can share. Feel free to edit the text and use them in your own communications.

- To help keep us all safe as we return to snowsport, we've introduced a few new processes. Check out all the information on our website, or just get in touch!
- [Individual] told us they are really looking forward to [e.g. training in person again]. What are you looking forward to about being able to return to [your club's name] after lockdown?
- We want to give a huge thank you to [Individual e.g. volunteer] for their efforts to [e.g. get your clubs facility ready for return]. We really appreciate all your hard work!
- We have been missing spending time with everyone at [your Club's name], so we are going to host a virtual quiz for everyone! Head to our [e.g. Facebook page, website etc.] for the joining details!
- We are so grateful for the efforts of our volunteers during this period. We know not everyone will be able to return in person straightaway, so if you want to continue volunteering from home then just get in touch with us.

For more information on tips for how to communicate to your club members and for a template communications plan please go to the [Clubmatters website](#)

Section 5: Facilities

Checklist for facility providers

BEFORE OPENING

- Ensure the operator has completed all relevant plans, procedures and risk assessments, with Covid-19 restrictions added.
- Ensure compliance with venue insurance.
- Ensure deep cleans of all 'open' areas of the facility and equipment take place.
- Ensure all staff and volunteers are fully briefed and trained. You can use the [ReActivate Platform](#) for free.

ON-SITE FACILITIES

- Ensure your lodge/building is only open in a limited way for operational reasons (e.g. to switch on floodlights, as a thoroughfare to access the slope or for toilet access).
- Open toilet facilities if you wish, but ensure particular care is taken by those using and cleaning them. Ensure soap and hot water are provided.
- Ensure all fixed and movable equipment has a clear ongoing hygiene plan in place that outlines the pre- and post-use cleaning of equipment.
- Ensure clear signage is in place around all equipment and throughout the facility.
- Ensure all unnecessary equipment and items are removed from on slopes and training areas.
- Ensure usual access to first aid and emergency equipment is maintained (in some cases this may require access to the lodge/building) and a clear plan for dealing with an incident is available to all users
- Ensure hand sanitisers or wipes are available for use at entrance/exit to venue/ slope area and in-use equipment.
- Ensure all common touchpoint surfaces (gates, door handles, handrails etc) are cleaned regularly, wearing disposable gloves.
- Ensure measures are in place to minimise encounters between people, including in car parks and at entrances (with clear signage in place).
- Consider marking social distancing at appropriate points, such as the entrances.
- Encourage participants to bring their own equipment where possible. Where shared equipment is used, it must be cleaned before and after use with a clear protocol.
- Operate online booking for the facility where at all possible, or alternatively phone bookings. Take online or card payments.
- If more than one group is training on the slope/track at any one point, ensure social distancing measures are not compromised.
- Communicate with your members/ customers clearly and regularly, making them aware in advance of the measures you are putting in place at your venue and the guidelines they are expected to follow.
- Ensure signage on guidelines for taking part safely and promoting hygiene measures is clearly displayed (and remain up to date).
- Government advice on cleaning can be found [here](#).

SAFE SPECTATING

- Spectating should adhere to government guidance on large events and be within the capacity of the facility.
- Parent/guardian supervision is permitted (one per participant). Clubs may have welfare policies that stipulate parents/carers of young participants being in attendance – which still stand in these circumstances.
- The facility should have a clear protocol in place to ensure parents/carers attending are fully aware of their responsibilities to comply with all measures put in place to ensure the venue is Covid secure.
- The facility/club should ensure details of parents/carers who attend a session are recorded in the same way as participants and that they abide by the club's procedures in relation to when not to attend and when to inform the club of any symptoms.



SECTION 6: SNOWSPORT COMPETITION

CHECKLIST FOR COMPETITION – COMPETITORS

- Check and follow the latest UK Government guidance.
- Check with the competition provider for their competition policy.
- Prearrange with the competition provider for your coach to attend if you wish
- Young athletes (u18) should seek permission from their parent or carer to compete
- Follow the Facility guidance.
- Follow event specific guidance (see appendix 7b).
- Follow public health guidance.
- Carry hand sanitiser with you.
- Maintain social distancing (appropriate to the activity).
- Take part if fit and healthy to do so.
- Let your club and/or coach know if you are returning to activity from a COVID-19 infection.
- Ensure you have enough food and hydration for the competition.
- No socialising before and after the session.
- Do not take part if showing symptoms are isolating.

CHECKLIST FOR COMPETITION – PROVIDERS

Keeping up to date

- Check the latest UK Government guidance, especially concerning social distancing, hygiene and any guidance specific to snowsport.
- Check the latest Snowsport England guidance.
- Check the event group checklist (See appendix 7b).
- Check with facility provider guidance.

Before the Competition

- Put in place a Covid secure environment, appoint a Covid coordinator, carry out a risk assessment and put in place an event management plan. (see section 3)
- Promote online entries prior to the event to ensure numbers and scheduling is managed.
- Ensure prior arrangements are made so that UK Government advice (for example, on social distancing) can be followed at the competition.
- Pre-event communication to all participants must include reminders not to attend the event if they have been unwell or are self-isolating in the last 14 days.
- Remind the athletes, officials and volunteers to check on their physical and mental health.
- If applicable ensure there is sufficient food and hydration.
- Be aware that changing facilities and toilets may not be open.

During the Competition

- Ensure there is adequate PPE on site (face masks/gloves) for those who need it due to their duties on site, may arrive without suitable PPE, or who may ask for it.
- Ensure you build time in the timetable to enable safe access and exit, social distancing and adequate cleaning to take place.
- Adapt competition layout to minimise the risk of social distancing measures being compromised – including with members of the public.
- Keep a register of everyone at the competition to facilitate possible test and trace requests.
- Events must be timetabled and planned according to pre-entries

- Enough time must be planned between heats/pools/events to ensure social distancing can be maintained throughout including any warmup periods.
- Do not congregate before or after an event, or at the finish line.
- Ensure all hygiene guidance on use of equipment and facilities is followed.

Post Competition

- Post competition the venue must be returned to its original state, ensuring all venue equipment is thoroughly cleaned in line with the venue and government guidelines.
- A register of competitors, officials and all volunteers associated with the event must be kept for test and trace requirements. Data should be stored securely for 21 days.
- Each competitor must be briefed to ensure if they do test positive for COVID-19 within 48 hours of the competition the event organisers must be notified.



COMPETITION OPERATIONS

COVID-Secure Environment

Snowsport competitions must operate within a Covid-Secure environment, according to NGB guidance until further updates.

The key requirements for a Covid-Secure Environment.

1. Ensure a Covid-19 Coordinator is in place
2. Ensure the venue/environment has a Covid action plan and risk assessment*
3. Ensure the competition complies with UK Government guidance around social distancing and hygiene before, during and after the activity. This would include careful planning to ensure all Covid requirements can be maintained, and venue numbers are not exceeded at any point of the event or at any site within the venue.
4. Ensure a clear communication plan is in place for all participants at and event and pre-event information is given to all groups where it is needed.
5. Competition providers must have a process in place for capturing contact details of all members/participants who take part in every competition to facilitate possible track and trace requests
6. Competition providers must ensure that adequate cleaning and sanitising provisions are in place so that everyone at the competition can maintain good hygiene.
7. Sessions that include children and young people under the age of 18 should be carefully planned to ensure safety and wellbeing of the child.

* An action plan is a document that outlines the process you are following to make your competition Covid-secure and would detail information such as the owner (Covid-19 Co-ordinator), risk assessments, tracking protocol and communication plans with all members and participants. You will need to liaise with the facility provider.

COVID-19 Competition Co-ordinator

Competition providers should appoint a designated Covid-19 Co-ordinator (preferably with experience in health and safety in a professional or volunteer setting) whose responsibilities are to work with the club committee to co-ordinate the duties in this checklist.

COVID-19 Co-ordinator: Role & Responsibilities

- Liaise with the facility manager in relation to all matters concerning Covid-19.
- Produce site-based risk assessments to ensure that the competition is compliant with the latest UK Government guidelines.
- Ensure all necessary levels of risk mitigation are in place prior to competition.
- Ensure the competition is prepared and has planned for circumstances of injuries or Accidents/incidents occurring, with mitigating procedures and plans in place to resolve them while maintaining compliance with relevant UK Government guidance (e.g. social distancing measures).
- Ensure volunteers, officials, athletes and parents/guardians are adhering to the guidance.
- Ensure the competition complies with the facility restrictions and guidance.
- Ensure the competition has a process in place for capturing details of all members/participants who take part in every club session to facilitate possible track and trace requests.

The Covid-19 Co-ordinator role is not expected to take full responsibility for all health and safety, or

risk assessment protocols implemented by the competition. It is the responsibility of the competition organiser to ensure protocols are implemented and reviewed across the competition with the Covid-19 Co-ordinator acting as the key point of contact for related matters.

There must be a designated officer to coordinate with the Covid-19 Coordinator or appropriate person to ensure that all social distancing guidance, hygiene guidance, and flow routes are maintained.

Covid Action Plan

Competition COVID-19 risk assessments and actions plans will be dependent upon each individual situation and local facility set up. In your action plan you will need to show your competitors and volunteers how the competition plan to manage the number of athletes and volunteers is going to be carried out. You will need to consider the following;

- Entry and registration systems.
- Site access, toilets and first aid when determining overall competition capacity.
- Arrival and departure of athletes, spectators and volunteers / officials to avoid large groups congregating.
- Parent or Carer pick up and drops off points taking into parking and entrances/exits
- The process of registering athletes so that the requirements of test and trace is adhered too and good hygiene and social distancing is maintained particularly when distributing bibs
- Details of specific procedures relating to the use of equipment and facilities and appropriate hygiene guidance based on the COVID risk assessment (See section 6).
- Timetabling and call up schedule to enable social distancing and adequate cleaning to take place.
- Zoning certain areas or competition /warm up / cool down areas to ensure distinct groups can operate together within the guidelines.
- Minimising noise such as playing loud music or broadcasts that may encourage shouting. (This is because of the potential for increased risk of transmission - particularly from aerosol and droplet transmission).
- Spectating space, ensuring social distancing, is clearly marked, for parents or carers who need to stay at the competition for safeguarding reasons.
- Clear signage in place to help enforce social distancing, cleaning and hygiene measures.
- All officials are trained and any roles requiring a DBS check are up to date.

PLEASE NOTE: Snowsport England is not imposing a limit to the number of participants that can be at a facility at any given time as part of a competition due to the different nature of facilities and will depend on the factors above and the facilities own risk assessment and covid secure plan.

WELCOMING PEOPLE BACK TO YOUR COMPETITIONS

Good communication is key to supporting people back to competition. Whilst some will be excited and full of enthusiasm others may feel anxious and unsure about returning. Reassuring people and letting them know what is happening will be important in welcoming athletes and officials back.

4 Key messages to consider

| | |
|--|--|
| How do I enter and what do I need to know before I arrive at the competition? | <ul style="list-style-type: none">• Share communication about event entry, registration, on the day event protocols like cleaning regimes etc. Tailor these to who you are contacting. Consider a virtual Officials briefing prior to the event day. |
| How will people be kept safe? | <ul style="list-style-type: none">• Promote any procedures and practises you have introduced. Share your risk assessment and action plans.• Ensure the Covid Coordinator is visible and contactable during the competition. |
| What is the latest guidance for the meeting and my actual event? | <ul style="list-style-type: none">• Share any new advice from Snowsport England, Sport England or direct from the UK Government and provide details how your club will follow them. |
| How the rules will be enforced | <ul style="list-style-type: none">• Make people aware of how new rules will be enforced including how you will hold people account if they break them. Make them aware before they arrive. |

For more information on tips for how to communicate to your club members and for a template communications plan please go to the [Clubmatters website](#)

Officials

- Officials are essential for the delivery of competitions. The safety and wellbeing of officials must be considered in the planning phase of any competition.
- Officials should be selected within proximity to the venue. Only once all avenues for suitable officials locally have been explored, can the competition provider expand the search further.
- Officials appointed in a role which will have face to face contact with other people, less than 2m, must wear appropriate PPE. This must be provided by the competition provider.
- Any official or volunteer who will work indoors must be offered a face mask to wear for the duration of their activity at the competition by the organiser.
- Officials and other volunteers should be informed of food and beverage arrangements prior to the event and informed if they need to provide their own.
- Any official or volunteer cleaning surfaces must be properly equipped. [Please see guidance HERE for cleaning in a non-healthcare setting.](#)

Section 7: Appendix

a) COVID-19 Risk Assessment

We recommend that all clubs/coaches/facilities complete a COVID-19 specific risk assessment. We have initially populated this template risk assessment for you by including a sample entry related to the spread of COVID-19 and to illustrate what is expected. Look at how this might apply to your coaching sessions, continue by identifying the hazards that are the real priorities in your case and complete the table to suit your venue and activity. This template is to be used as a guide to completing a full risk assessment to enable you to carry out your activity safely.

| Name of facility | | | | | | |
|-----------------------------------|---|--|--|----------------|-----------------|------|
| Name of Risk Assessor | | | | | | |
| Date of Risk Assessment | | | | | | |
| What are the Hazards | Who might be harmed | Controls required | Additional Controls | Action by who? | Action by when? | Done |
| Spread of COVID-19 Coronavirus | <i>Coach, participants or Vulnerable groups – Elderly, Pregnant workers, those with existing underlying health conditions. Anyone else who physically meets other people in relation to your activity</i> | <p>Hand Washing Hand washing facilities in place (with soap and water). Stringent hand washing taking place. See hand washing guidance.</p> <p>Gel sanitisers in any area where washing facilities not readily available.</p> <p>Cleaning Frequently cleaning and disinfecting objects and surfaces that are touched regularly particularly in areas of high use such as door handles, light switches, reception area using appropriate cleaning products and methods and any equipment.</p> <p>Session Planning Group session plans should aim to minimise the risk of participants interacting with or impacting on social distancing of members of the public.</p> | <p>Coaches and participants or committee members to be reminded on a regular basis to wash their hands for 20 seconds with water and soap and the importance of proper drying with disposable towels. Also reminded to catch coughs and sneezes in tissues – Follow ‘Catch it, Bin it, Kill it’ and to avoid touching face, eyes, nose or mouth with unclean hands.</p> <p>To help reduce the spread of coronavirus (COVID-19) reminding everyone of the public health advice.</p> <p>Ensure any use of equipment is restricted to one athlete while being used and that thorough cleaning is carried out prior to and after any training session.</p> | | | |

This is not an exhaustive list and we highly recommend that you complete a full risk assessment for all your locations. This resource provides guidance and does not constitute formal professional advice. The information in this resource is based on advice provided by the Health and Safety Executive, but we recommend Snowsport England coaches and clubs seek relevant expert advice in this subject area when required

b) Session Specific Guidance

| Session Specific Guidance | |
|----------------------------------|---|
| Training using gates/stubbies | Can be used by a coach and one group provided the equipment is thoroughly cleaned before and after each session. An operator may want regular cleaning to take place through sessions. |
| Moveable freestyle equipment | Can be used by a coach and one group provided the equipment is thoroughly cleaned before and after each session. An operator may want regular cleaning to take place through sessions. |
| Sit skis and adaptive equipment | Ideally the participant is using their own equipment but if shared equipment is being used then ensure it is cleaned in accordance to cleaning guidance. |
| Roller Ski Tours | <p>Be aware and adherence to all restrictions that may be placed on a public space by the landowner (when accessing parks, trails, roads to roller ski in)</p> <ul style="list-style-type: none">• Carry out standard safety procedures (e.g. phones, route planning etc) when accessing 'wild' public spaces.• Think about touch points on the route and plan accordingly.• Consideration should also be taken of whether the activity could add to pressure on the emergency services when participating in isolated locations. |



c) Managing or confirming suspected cases of COVID-19

- Club Member Actions
- Covid Officer Actions

Definition of Contact

Within 2m or less of a symptomatic/positive person for more than 15 minutes continuously (e.g. car sharing, spectating). It is unlikely club members will reach the 15-minute threshold during training or an event, but this may need to be considered on an individual basis



ONLY get a test if you have at least one of the following symptoms: high temperature, a new, continuous cough or a loss or change to your sense of taste or smell. More information about testing is available [here](#).

NB: COVID Officers should maintain discretion when sharing details of the individual and not specify names of those infected or suspected. Guidance for schools may vary so please follow the guidance sent out by your school.

DISCLAIMER

Please note that the subject matter covered in this guidance is in no way exhaustive and the material does not stand on its own nor is intended to be relied upon as a substitute for obtaining specific legal advice. Individual circumstances will differ. The information contained in this guidance is given in good faith but any liability of Snowsport England (including their respective members or employees) to you or any third party which may arise out of the reliance by you or any other party of the contents of this guidance is hereby excluded to the fullest extent permitted by law. Snowsport England and its professional advisors accept no duty of care or liability for any loss occasioned, whether caused by negligence or otherwise, to any person acting or refraining from actions as a result of any material in this guidance. We would strongly recommend that you consult professional advisors on specific issues before acting or refraining from action on any of the contents of this guidance.

