

## **SNOWSPORT ENGLAND GUIDANCE FOR THE RETURN TO ACTIVITY**

Mar 25, 2021

**With the return to outdoor Snowsport just around the corner we have released our updated guidance for the return to activity. As before, all of our guidance is based on that supplied by the Government and made relevant to the Snowsport landscape.**

We know that these are both exciting and anxious times and we thank you all in advance for your efforts and patience during these challenging times. As always, throughout the pandemic, we are here to provide you with support and answer your queries.

We will still be running regular drop-in and engagement sessions so please stay in touch and join us to let us know how things are going for you. As before, we will be in touch to let you know when these are taking place.

### **[Guidance for Snowsport in England](#)**

#### **[Summary Table](#)**

#### **Mental Health and Wellbeing support has never been more important.**

There are a range of support services available through the NHS which [can be found here](#).

Kooth offers emotional and mental health support for children and young people aged between 11 – 24 years. [Click here for details](#).

You can also [watch this short video](#) which explains Kooth services and support.

The Samaritans are available to help with anything that is troubling you, no matter how large or small the issue feels. Call free on 116 123 or email [jo@samaritans.org](mailto:jo@samaritans.org) (response time 24 hours).

Thank you in advance for following the Government guidance and continuing to play your part in keeping everyone safe.”

Together ‘We Are Snowsport England’.