



UK Snowsport Ski Foundation Instructor &
Instructor (L1 & L2) Refresher Overview

UK SNOWSPORT
**SKI FOUNDATION INSTRUCTOR &
INSTRUCTOR (L1 & L2)**
REFRESHER OVERVIEW

Introduction

Instructors and Coaches need to take part in approved refresher activity every 3 years to keep their current award up to date.

This Refresher is valid for 3 years and is specifically for UK Snowsport Ski Foundation (L1) and UK Snowsport Ski Instructor (L2).

Entry requirements

In order to participate in this course, you need to meet the following entry requirements:

- Be a Coach, Instruct, Lead member with Snowsport England
- Hold or held Ski Foundation Instructor or Ski Instructor Award (or previous incarnations of it)
- If your award is over 5 years out of date you will need permission to join this course

The Course

The course is intended for Ski Foundation Instructors and Instructors who will work with skiers at a UK artificial ski slope centre or club.

The course will last for a minimum of 7 hours [or 1 day]

The course recaps the fundamentals of teaching and working with skiers within the remit of your award.

The course will cover:

- The candidates' own personal ski performance
- The fundamentals of alpine skiing
- The fundamentals of working with skiers including planning and delivering safe, enjoyable sessions, which allow for further learning

Maintaining License Status

Refreshing your award is only part of keeping your licenced status up to date. In addition to attending this course candidates will be required to:

- Be and remain registered with the UK Coaching Scheme,
- Ensure First Aid Training is in date and at the relevant level
- Safeguarding and Protecting Children course is current
- Enhanced DBS Check is current with Snowsport England

