

**Minutes of a Board meeting held 11<sup>th</sup> October 2023  
Chill Factor – 10.30 – 12.30pm**

**Attendance**

DM	Dominic McGonigal	Chair
SL	Simon Levene	Finance Director
MA	Morwenna Angove	Director
GS	Greg Sturge	Director
GC	Gareth Case	Members Director
AH	Andrew Howell	Director
JG	John Greenwood	Members Director
MS	Maggie Still	Interim CEO
CP	Claire Pennell	Business and Operations Manager and Company Secretary
JGE	Jade Gerrard	Participation Manager

**Apologies:**

None

**2. NOTICE, QUORUM AND CHAIR**

DM reported that due notice of the meeting had been given and that a quorum was present.

**3. DECLARATION OF INTERESTS**

All Directors present confirmed that they had no direct or indirect interest to further declare as required by Section 177 of the Companies Act 2006 and our Articles.

**4. MATTERS ARISING**

DM welcomed all to the meeting.

The action log was discussed.

**5. STRATEGY UPDATE**

DM updated the directors on quality of the applicants for the NED roles.

DM met with Dan Charlsh from Snow Camp and we now have a new offering called Stop.Breathe.Think. which is a huge benefit for 8 – 21-year-olds. GC asked if this could be extended to 23-year-olds. MS to ask Snow Camp if this is possible.

SL confirmed that 10 units of Stop.Breathe.Think. have been purchased.



MS gave an update on the strategy following on from discussions between the board and the staff on the previous day.

MS mentioned that staff will need more support and mentoring to prioritise and deliver the strategy.

Discussions were also had around the resources needed to deliver the strategy.

**6. GOVERNANCE – NEW DIRECTORS**

DM proposed that the directors formally approve the appointments of Victoria Wells, Blessing Ekairia, Anna Turner and Kahlen Macaulay as NED's and the board duly approved these.

**7. POLICIES**

The following policies were submitted for approval:

Disciplinary policy – approved subject to comments  
Code of conduct – officials and volunteers - approved  
Code of conduct – athletes - approved  
Code of conduct – members - approved  
Code of conduct – coaches - approved  
Code of conduct – tutors – approved

The codes of conduct were approved subject to the introduction of a set of consistent values across all codes.

**8. AOB**

MA asked when the 2024 board dates will be set, CP will liaise with DM and MS.

DM suggested 2 face to face meetings per year.

